**Art Of Parenting Course Class Preparation Form:**

 **Please send 24 hours before you the next class to** info@ArtOfParenting.info

Please answer the questions below.

*As a parent, what were your greatest challenges this past week?*

*What are the issues that have come up?*

*What tools did you learn in the last class that were helpful? What was the result?*

*What specific action steps have you taken this week?*

*What did you intend to do or commit to doing but didn’t do?*

*What got in the way?*

*What has happened since our last class that you feel really good about?*

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*What new insights or realizations have you had since our last class?*

*What do you need to address so you can get the most out of this course?*

*Any additional comments?*

**Thank you!**

**Much love and success!**

**Happy parenting!**

**Martina**

**info@ArtOfParenting.info**

